



# OLIMPIC SAILS

## ONE DESIGN

- OPTIMIST TUNING GUIDE -

**RED**

Weight range: <38kg

WIND RANGE Knots Beaufort	0,10 0,3	10,14 3,4	14,18 4,5	18,22 5,6	22< 6<
RAKE	279 cm	280 cm	279 cm	278 cm	276 cm
SPRIT	LOOSE	NEUTRAL	NEUTRAL/TIGHT	TIGHT	TIGHT
CUNNINGHAM	LOOSE LUFF	NEUTRAL LUFF	TENSION ON LUFF	TENSION ON LUFF	TENSION ON LUFF
OUT HAUL	LOOSE	NEUTRAL	NEUTRAL	NEUTRAL	TIGHT
VANG	NEUTRAL	NEUTRAL	TIGHT	TIGHT	TIGHT



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**HAPPY**

Weight range: 37-42kg

WIND RANGE Knots Beaufort	0,10 0,3	10,14 3,4	14,18 4,5	18,22 5,6	22< 6<
RAKE	283 cm	282 cm	281 cm	279 cm	278 cm
SPRIT	LOOSE	NEUTRAL	NEUTRAL/TIGHT	TIGHT	NEUTRAL
CUNNINGHAM	LOOSE LUFF	NEUTRAL LUFF	TENSION ON LUFF	TENSION ON LUFF	TENSION ON LUFF
OUT HAUL	LOOSE	NEUTRAL	NEUTRAL	NEUTRAL	TIGHT
VANG	NEUTRAL	NEUTRAL	TIGHT	TIGHT	TIGHT



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### GOLD

Weight range: 41-46kg

WIND RANGE Knots Beaufort	0,10 0,3	10,14 3,4	14,18 4,5	18,22 5,6	22< 6<
RAKE	283 cm	282 cm	280 cm	279 cm	278 cm
SPRIT	LOOSE	NEUTRAL	NEUTRAL/TIGHT	TIGHT	NEUTRAL
CUNNINGHAM	LOOSE LUFF	NEUTRAL LUFF	NEUTRAL LUFF	TENSION ON LUFF	TENSION ON LUFF
OUT HAUL	LOOSE	NEUTRAL	NEUTRAL	NEUTRAL	TIGHT
VANG	NEUTRAL	NEUTRAL	TIGHT	TIGHT	TIGHT



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### PLATINUM

Weight range: < 45kg

WIND RANGE Knots Beaufort	0,10 0,3	10,14 3,4	14,18 4,5	18,22 5,6	22< 6<
RAKE	283 cm	282 cm	281 cm	280 cm	279 cm
SPRIT	LOOSE	NEUTRAL	NEUTRAL/TIGHT	TIGHT	NEUTRAL
CUNNINGHAM	LOOSE LUFF	NEUTRAL LUFF	NEUTRAL LUFF	TENSION ON LUFF	TENSION ON LUFF
OUT HAUL	LOOSE	NEUTRAL	NEUTRAL	NEUTRAL	TIGHT
VANG	NEUTRAL	NEUTRAL	TIGHT	TIGHT	TIGHT



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### RADIAL-MEDIUM

Weight range: 36-43kg

WIND RANGE Knots Beaufort	0,10 0,3	10,14 3,4	14,18 4,5	18,22 5,6	22< 6<
RAKE	282 cm	282 cm	282 cm	280 cm	279 cm
SPRIT	LOOSE	NEUTRAL	NEUTRAL/TIGHT	TIGHT	TIGHT
CUNNINGHAM	LOOSE LUFF	NEUTRAL LUFF	TENSION ON LUFF	TENSION ON LUFF	TENSION ON LUFF
OUT HAUL	LOOSE	NEUTRAL	NEUTRAL	NEUTRAL	TIGHT
VANG	NEUTRAL	NEUTRAL	TIGHT	TIGHT	TIGHT